

# Chemical Peel Consent

I have read the information below and initialed each section to indicate that I fully understand what to expect. I give permission to my Esthetician to perform the chemical treatment we have discussed and will hold him/her and The Touch 4 Health & Wellness, LLC from any liability that may result from this treatment. I understand my esthetician will take every precaution to minimize or eliminate negative reactions such as blisters, sores, or other reactions, as much as possible. I do understand that, very rarely, permanent damage occurs. Please initial.

\_\_\_\_\_ I have given an accurate account of any over-the-counter or prescription medications that I use regularly, and I am not presently using (nor have I used within the last year) isotretinoin (Accutane), Retin-A, Acyclovir. I have not had any, permanent cosmetics, or other chemical peels or skin treatments that I have not disclosed to my Esthetician. I am not ingesting or using topically any other over-the-counter product or prescription medication/agent that has not been disclosed to my esthetician. I am not presently pregnant or lactating and I am over the age of eighteen (18). I have not had any recent radioactive or chemotherapy treatments, sunburn, windburn or broken skin. I have not recently waxed or used a depilatory (such as Nair) on the area to be treated. I do not have a history of keloid scarring, diabetes, autoimmune diseases, active herpes blisters, or any other existing condition that may interfere with the positive outcome of this treatment.

\_\_\_\_\_ I understand that I should not have a chemical peel if I intend to continue to have excessive sun exposure. It has been explained to me that the treated area will be more sensitive to the sun as a result of the treatment and will require regular use of sunscreen.

\_\_\_\_\_ I consent to the taking of photographs to monitor treatment effects, as desired or recommended by my esthetician.

\_\_\_\_\_ My expectations are realistic and I understand that the results are not guaranteed and that for maximum results, more than one application may be required and in most cases a series of 6 peels will be necessary to achieve maximum results. The rate of improvement of my skin depends on my age, skin type and condition, degree of sun/environmental damage, pigmentation levels, or acne condition.

I understand that this procedure is expected to make the skin feel uncomfortable while being applied, but agree to inform the esthetician immediately if I have concerns or am overly uncomfortable during treatment or after I return home.

\_\_\_\_\_ I agree that I am willing to follow recommendations by my esthetician for home care. I will be responsible for following home regimen that can minimize or eliminate possible negative reactions, including recognizing the importance of adhering to a sunscreen and avoiding the sun, tanning booths and extreme weather conditions. I agree to use a moisturizer specifically recommended by the esthetician and I acknowledge that I have been informed of the possible negative reactions (intense erythema, welts, scabs) and the expected sequence of the healing process (dryness, irritation, redness, and peeling of the skin). In the event that I may have additional questions or concerns regarding my treatment or suggested home product/post-treatment care, I will consult my esthetician immediately.

\_\_\_\_\_ I understand the potential risks and complications and have chosen to proceed with the treatment after careful consideration of the possibility of both known and unknown risks, complications, and limitations. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs and that I have had sufficient opportunity for discussion to have any questions answered.

Client Name: \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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